

¹*But now thus says the LORD, he who created you, O Jacob, he who formed you, O Israel: "Fear not, for I have redeemed you; I have called you by name, you are mine. ²When you pass through the waters, I will be with you; and through the rivers, they shall not overwhelm you; when you walk through fire you shall not be burned, and the flame shall not consume you. For I am the LORD your God, the Holy One of Israel, your Savior."* ~ Isaiah 43

The most excellent method of going to God is that of doing our common business without any view of pleasing people but purely for the love of God. ~ Brother Lawrence

"When you share strengths, you foster competition. When you share weaknesses, you foster community." ~ Jim Ennis

Vision: I long to be free to be myself, in Christ. I long to be a conduit for the Holy Spirit, for the sake of loving others. I long to interact with others based only on my love for God and my love for them – and by doing so, speak to and listen for the Spirit's presence, and how he wants to bring about Truth.

I want to be One Who: teaches people of God's goodness and faithfulness, reminds people of their Belovedness, creates space for vulnerability in front of God and each other, and listens with all the ferocity of Love.

What brings me into the Spirit's presence? ~ to Know and Be Known by the Spirit and by others

Daily:

Word Picture (Guide Jesus, Eyes that Consume, Hallway of Peace, Alice in Wonderland)
Time alone with God, reading Scripture and praying
Worshipping in song
Journal
Check in with Friends

Weekly:

Time outside
Journaling, writing out prayers, naming what I've seen of God in my week
Talk with a mentor
Prayer in community
Encouraging a friend/former student through email/phone call
Lunch/coffee with a friend to learn story
Physical activity
Lord's Day fast

Monthly:

Day alone (in silence?)
Creative outlet – writing, exploring music, going to a museum, reading a fun book

What pulls me from the Spirit's presence?

~ to be distracted, to have too little emotional/spiritual/mental energy to listen and Know well

Too little sleep
Procrastination on my homework/class reading
Too much media (internet, movies, Facebook, etc.)
Over-socializing – have 3 nights a week that are 'early nights'
Distraction from administrative errands – set aside 2 days a month
Over-planning – allow for ambiguity and waiting

Prayer hopes:

- Lord, make me to worship in all things
- Lord, move me towards greater holiness in all things
- Lord, make me to be more honest in prayer
- Lord, shape my desires to mirror Your own
- Lord, turn my distraction into prayer
- Lord, help me to see those in my community and follow your invitation to love