

CONTEMPLATION

Quarterly retreats

Weekly Examen

Weekly Creative writing



Daily Psalms prayer

Daily Poetry

Daily *Lectio Divina*

Slowly, slowly wisdom gathers:
Golden dust in the afternoon,
Somewhere between the sun and me,
Sometimes so near that I can see,
Yet never settling, late or soon.

Yet never settling, late or soon.
Somewhere between the sun and me,
Sometimes so near that I can see,

COMMUNITY

School and Local Events

Practicing hospitality



Family life and meal (Daily)

Corporate worship (Weekly)

Small group (Weekly)

Then I would tell as best I could
The secrets of that shining place:
The web of the world, how thick, how thin,
How firm, with all things folded in;
How ancient, and how full of grace.

How ancient, and how full of grace.
How firm, with all things folded in;

Rule of Life

“Gracious Father, Son, & Spirit,
Grow in me
a grateful heart.”

From Romans 12

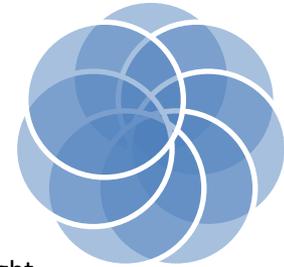
In his grace, God has given different gifts for doing certain things well:
If you are a teacher, teach well...
If God has given you leadership ability, take the responsibility seriously.
Don't just pretend to love others. Really love them.
Hate what is wrong. Hold tightly to what is good.
Love each other with genuine affection,
take delight in honoring each other.
Never be lazy, but work hard and serve the Lord enthusiastically.
Rejoice in our confident hope.
Be patient in trouble, and keep on praying.
When God's people are in need, be ready to help them.
Always be eager to practice hospitality.
Bless those who persecute you.
Don't curse them; pray that God will bless them.
Be happy with those who are happy, and weep with those who weep.
Live in harmony with each other.
Don't be too proud to enjoy the company of ordinary people.
And don't think you know it all!

CELEBRATION

Reading novels

Time with each child

Date night with Carrie (Monthly)



Running (3x week)

Hiking (Monthly)

Sabbath with family

Would that it did, and a rug of gold
Spread west of me a mile or more:
Not large, but so that I might lie
Face up, between the earth and sky,
And know what none has known before.

And know what none has known before.
Face up, between the earth and sky,
Not large, but so that I might lie

CALLING

Devotional Writing

Teaching

Listening/
Counseling



Daily Prayer/
Intercession

Spiritual Direction (bi-monthly)

Attending to Scripture